

COURTESY POST PORTAGE COUNTY

Name: Michael

Age: 22

Diagnoses: Autism Spectrum Disorder, history of ulcers, severe intellectual disabilities. History of constipation. Fully vaccinated for covid-19.

Guardian: Father, Al W. Mother and Father are divorced, but work as a team to support their son. He sees his family often.

Brief Social History: Mike is a 22-year-old man. He is ambulatory and needs assistance with most activities of daily living. He has received waiver services for about the last +/- 7 years. He began receiving waiver services after his behavioral issues became too intense for his family to support in their home. He moved in with another individual in a community setting in Kent, OH. His roommate was not a good fit, so Mike moved into a different home with a new housemate. Due to concerns about the quality of care, his family decided to change providers in January of 2021. He has not handled this transition well and had an increase in self-injury and aggressive behaviors. His family is actively involved in his life. They visit him weekly and his mother talks to him daily. His family makes sure he is a part of their family and he accompanies them on various activities such as going out to eat or visiting siblings.

Important to: It is important to him to have 24 hour supervision, assistance with medication administration (cannot administer medications), to make sure he avoids foods that upset his stomach (typically foods with red sauces or are spicy), complete assistance with meal preparation, scheduling medical appointments, laundry, and housekeeping. He needs supports that can implement crisis intervention measures when and if needed (i.e., physical intervention from DSPs to prevent injury to himself or others).

Important for: It is important for Mike to have a predictable routine and schedule based on his ADLs, ADS program schedule and the general flow of his day. It is important for Mike to spend time in the shower as he enjoys playing in the water. It is important for him to have his computer tablet to watch videos on YouTube and to video chat with his family. It is important for Mike to have opportunities to go for car rides. It is important for Mike to see his family.

Current restrictions/aversive measures in the ISP: Currently there are no restrictions or aversive measures in his ISP. There are currently no restraints authorized. His plan does not prohibit foods that upset his stomach, rather it states those should be avoided, but he can have them from time to time.

What works for Mike: Consistent structure, same things happening at the same time as much as possible. Supports who are calm and confident as he can sense when people are nervous/intimidated by him and he will react to that. Explaining things ahead of time can help Mike process things.

What is not working for Mike now: As mentioned, he does best with consistent routines. Due to the pandemic, he was not able to attend his ADS program and he has been resistant to changing his routine of staying home with lowered expectations. This was one of the reasons for a recent change in HPC provider. His current HPC provider does not have crisis intervention trained staff and as such, Mike's behaviors have increased in intensity. He has 2 to 1 staffing, and this is not working for him as they cannot or will not intervene when he hurts himself or others as they do not have crisis training. Thus, he can become out of control due to the lack of boundaries.

Antecedents for problems: Currently, it appears Mike acts out to avoid changing his current routine, however his current routine is not healthy for him physically, socially, or mentally. If left to his own devices, he would choose to spend his day in an adult pull up watching videos and sleeping into the late morning. Supports with anxiety about working with him seem to be a trigger. He also can display aggression and/or SIB that seems to appear out of the blue.